

# Lil' Kickers

## Child Development Program

- Child-Centered
- Comprehensive
- Non-Competitive
- Creative



### Lil' Kickers

(ages 18 months – 9 years)

What do puppies, sharks, aliens and soccer have in common? Lil' Kickers!

Lil' Kickers is a child development program filled with creativity, high energy coaches and loads of fun.

When your child steps onto

the field of any Lil' Kickers class they will find a world that has been transformed just for them. Our innovative curriculum and child-centered teaching methods are just what your child needs to learn soccer, plus a whole lot more.

Because Lil' Kickers is a program rooted firmly in renowned child development theories, your child will learn the fundamental skills it takes to be successful both on and off the soccer field. From Bunnies to Micro Advanced, Lil' Kickers classes are there to help your child achieve the developmental milestones that are an integral part of their personal growth. Lil' Kickers builds strong fundamental physical skills, teaches teamwork and cooperation, and inspires confidence — all in an atmosphere where kids are successful and learning is fun.

Each week, thousands of kids across the country leave their Lil' Kickers class smiling. Discover why!



### Bunnies

(18-24 months, parent/child class)

Together, toddlers and parents explore basic soccer and fundamental skills through the use of sensory tools. Classes include parachute activities, bubbles, lots of goal scoring, and the cone towers! Class is 50 minutes, once a week, with a child-to-coach ratio of 15:1.



### Thumpers

(2-3 yrs, parent/child class)

Parents and kids, led by one of our coaches, play organized games together to develop listening skills, balance, ball skills and foot-eye coordination. Thumpers is the ideal next step after Bunnies classes, and a perfect introduction to Lil' Kickers for new players who are between 2 and 3 years old. Class is 50 minutes, once a week, with a child-to-coach ratio of 12:1.



### Cottontails

(2.5-3.5 yrs, adult interactive)

Cottontails is for children who are ready for more of a challenge than a Thumpers class, but are not quite ready to be on the field without parents being interactive. Cottontails builds fundamental skills such as balance, coordination, and ball skills. As children progress through the session and build a sense of independence, parents can take a less active role, helping their child transition into Hoppers classes. Cottontails classes are 50 minutes, once a week, with a child-to-coach ratio of 7:1.



### Hoppers

(3-4 year-old beginners)

Three and four year-olds get a fast-paced, fun exposure to the most popular sport in the world. Classes focus on foot-eye coordination, dribbling, scoring and balance. Hoppers classes will also introduce the concepts of teamwork and cooperation. Hoppers will not play any competitive soccer games. Hoppers classes are 50 minutes, once a week, with a child-to-coach ratio of 7:1.



### Jackrabbits

(3-4 year-old intermediates)

Jackrabbits is designed for three and four year-olds who have either completed the Hoppers level or have other soccer experience. Jackrabbits focus on more complex ball skills (trapping and passing). Some small-sided soccer games will be introduced, as well as one-ball oriented games to prepare them for the transition into Micro Classes. Jackrabbits classes are 50 minutes, once a week, with a child-to-coach ratio of 7:1.



### Big Feet

(5-6 year-old beginners)

Big Feet classes are for five and six year-olds who have not played soccer before. Big Feet classes will develop basic skills such as dribbling, passing, trapping, and scoring as well as introduce the ideas of sportsmanship and team play. Kids will play some small-sided soccer games and be encouraged to progress into Micro Leagues. Big Feet classes are 50 minutes, once a week, with a child-to-coach ratio of 12:1.



### Micro Classes 4/5, 6/7, 8/9

(4-9 year-old intermediates)

Micro Classes are non-competitive, developmental classes for kids 4-9 years designed to enhance individual and team skills with an emphasis on fun and safety. Micro Classes are for children who have prior soccer experience. Micro Classes are 50 minutes, once a week, with 30 minutes instruction, a 20 minute scrimmage, and a child-to-coach ratio of 12:1.



### Micro Advanced 5/6, 7/8

(5-8 year-olds, clinical)

Children in Micro Advanced classes will be introduced to more complex soccer tactics and skills. Our curriculum is designed by licensed coaches and child development professionals. Combining a small child-to-coach ratio with a challenging curriculum results in a rewarding soccer experience. Micro Advanced classes are 50 minutes, once a week, with 15-20 minutes instruction, a 20-25 minute scrimmage, and a child-to-coach ratio of 8:1.

### Read what our Parents have to say about Lil' Kickers!

"Great program. My son has been in other city-run programs where the fun factor was missing. You have the formula down pat."  
— Cynthia Hedlund, Parent

"My son has enjoyed this program more than any other he has been in, and he's played A LOT!" — Suzanne Hiatt, Parent

"Your coaches are terrific! They are really great with the kids. You can tell they love their jobs and the kids. I have never seen them be anything less than enthusiastic. I highly recommend this program!" — Tanya Salmi, Parent





## Birthday Party Packages

Supervised high energy activities allow kids to be kids. And adults to be kids. Make your celebration unforgettable and easy! Our facilities are perfect for any occasion. Ask for one of your favorite coaches to host your event. Let us do the work. You have the fun. Call your local franchise or visit [www.lilkickers.com](http://www.lilkickers.com) for more information.

Bring all your friends and have the **Best Party Ever!**



## Open Enrollment. Sign up your child today!

Lil' Kickers knows kids. Our program is founded on renowned child development theories, so the classes are age-appropriate and FUN!

Classes and leagues run year-round. Convenient class times are available on weekdays and weekends to accommodate your family's busy schedule.

Call your local franchise or visit our website for more information.



## Free Trial Classes Available!



[lilkickers-nwi.com](http://lilkickers-nwi.com)



It Just Takes One is the charitable arm of Lil' Kickers. Our mission is to enrich the lives of children by building social, emotional, cognitive and physical strength and teaching essential life skills through the game of soccer. We work exclusively to bring the Lil' Kickers program to under served communities – giving our country's most vulnerable children a chance to thrive. For more information please visit [www.itjusttakesonefoundation.com](http://www.itjusttakesonefoundation.com)

Classes • Leagues • Camps  
Enrichment Programs • Parties

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## Child Development Program



**Soccer  
for Kids**  
ages 18 months to 9 years  
Building life skills through  
the game of soccer.

735,000+ Lil' Kickers total enrollment in the USA and Canada

It's More Than Just Soccer.