



**CLASSES: Dec 3rd - Mar 9th NO CLASS Dec 24th - Jan 1st**

# SOCCER CITY - PALATINE

**545 CONSUMERS AVE - PALATINE, IL - 60074**

## Lil' Kickers Next Step Program for Kids 5yr to 12yr

**DUE TO OUR OPEN ENROLLMENT POLICY - CLASSES LISTED ON THE SCHEDULE MAY CURRENTLY BE FULL. CALL FOR MORE INFORMATION**

**\*\*\* FREE UNIFORM WHEN YOU SIGN UP FOR YOUR FIRST SEASON \*\*\***

Not seeing a class time you like? Contact us about creating a private class (minimum of 5 kids)

Class schedules are subject to change based on space availability, time constraints & enrollment numbers

**CONTACT US TODAY TO SIGN UP OR SCHEDULE YOUR FREE TRIAL CLASS**

**bill@lilkickers-nwi.com**

**847.788.5312**

**www.lilkickers-nwi.com**

### OPEN ENROLLMENT - SIGN UP TODAY!

	Tue	Wed	Thu	Fri	Sat
<b>Skills Institute 5/6 Level 1 (5-6 years - advanced)</b> - Formerly known as Micro Advanced	4:30p	1:00p	5:30p		9:00a
Designed for kids with past soccer experience. Classes combine skill building games with scrimmages to optimize learning in a semi-competitive environment.	6:30p		6:30p		11:00a
<b>Skills Institute 7/8 Level 1 (7-8 years - advanced)</b> - Formerly known as Micro Advanced	6:30p		5:30p		11:00a
Designed for kids with past soccer experience. Classes combine skill building games with scrimmages to optimize learning in a semi-competitive environment.					
<b>Skills Institute 9-12 Level 1 (9-12 years - advanced)</b> - Formerly known as TNT	7:30p		7:30p		11:00a
Designed for kids with past soccer experience. Classes combine skill building games with scrimmages to optimize learning in a semi-competitive environment.					

Skills Institute is a developmental soccer program for boys and girls ages 5-12 years. With a 8:1 player to coach ratio, players will receive plenty of one on one attention as they explore their potential in the target areas of soccer. Classes will be offered in groups by age and skill level (Level 1 & Level 2). Throughout each 3-month session players will be evaluated, experience chalk talks, video analysis, and the occasional homework assignment to practice at home. Players will walk away more confident, equipped for their next right step, and ready for life's challenges on and off the field.

Skills Institute has a foundational approach to training the youth of today in a fun, safe, environment that meets kids at their entry point and develops them for the next level.

#### Developmental Benefits to Small Sided Soccer:

- \* Climate control (no exposure to outdoor elements/weather)
- \* Fast paced game with minimal stoppages
- \* More touches on the ball per player
- \* Improved fitness levels
- \* Develop small group defending, attacking, and transition
- \* Improves players individual skills
- \* Kids love it and find indoor soccer to be "fun"
- \* Encourage quicker speed of play due to smaller field size
- \* More scoring opportunities due to smaller field size

Space is limited to allow for a more personalized experience.

#### Skill Levels

Level 1 will focus on the fundamentals of player development through: dribbling, passing, finishing, trapping and how to use them effectively in a game. Level 1 will take players through a challenging 1 hour weekly session of skill building and competitive drills/games to develop self-confidence in practices and game situations.

Level 2 will focus on individual technique, systems of play, history of the game, positioning, and speed and agility. Each training session will include 30 minutes of instruction followed by 30 minutes of small sided scrimmaging. (Not yet offered)

#### Clothing/Equipment

We do ask that your child comes to class wearing comfortable athletic clothing, our suggestion is soccer shorts, t-shirt, long soccer socks, turf/indoor shoes (outdoor cleats not permitted), and shin guards. We do require the shin guards at this age and skill level so that everyone stays safe.

