

Developmental Milestone	Social-Emotional	Cognitive	Physical
18-24 Months Bunnies	<ul style="list-style-type: none"> • Learning self confidence and self control • Often shy • May tantrum due to an inability to communicate 	<ul style="list-style-type: none"> • Needs lots of repetition and one-on-one attention for learning • Understands simple one-step directions (may need help in executing directions) • Limited attention span • Able to memorize simple songs and games • Uses their bodies and senses to interpret new information 	<ul style="list-style-type: none"> • Working on developing gross motor skills such as walking, running, squatting • Limited ability to throw, kick and roll balls • Learning balancing movements
24-36 Months Thumpers Cottontails	<ul style="list-style-type: none"> • Shy • Plays alongside peers rather than with peers • Possessive (doesn't fully understand the concept of sharing) • Easily frustrated • Needs transitions from one activity to the next 	<ul style="list-style-type: none"> • Increased curiosity and understanding of how things work, asks a lot of questions • Improved memory, can follow 2-step directions (will still need help with execution) • Improved language • Building sense of independence • Counts • Better sense of self control, though still impulsive 	<ul style="list-style-type: none"> • Can walk up and down stairs • Can walk on tip toes • Can walk backwards, kick a ball forwards • Hops on one foot • Can throw a ball overhead and attempt to catch large balls • Experiments through senses (touch, smell, etc)
3-4 Years Hoppers Jackrabbits	<ul style="list-style-type: none"> • Enjoys playing with other children • Increased importance of peer relations • Attention seeking • Loves to talk, be silly and tell jokes • May have jealous feelings • Begins to understand danger, so may be fearful 	<ul style="list-style-type: none"> • Loves creative/dramatic play and learns best through using those means • Speaks in complex sentences and is able to understand more complex directions • Learning to initiate action • Has an increased desire to do things on their own • Becomes less impulsive • Has an eagerness for adventure, in imaginative and curious 	<ul style="list-style-type: none"> • Mastering running kicking, throwing, hopping and jumping • Hops on one foot • Able to kick a ball forward with intention
5 years Big Feet Micro 4/5	<ul style="list-style-type: none"> • Likes to try new things • Likes to show off, is often boasting and seeks approval from adults • Knows right from wrong • Understands sharing, but doesn't always want to share • May express anger and frustration physically • May be exclusive in terms of playing with others • May get embarrassed when they make a mistake 	<ul style="list-style-type: none"> • Improved attention span and ability to concentrate • Can follow more complex instruction • Improved vocabulary and better grasp of language • Likes to reason or argue • Loves dramatic play and is more elaborate with fantasy play • Interested in cause and effect • Has basic understanding of time 	<ul style="list-style-type: none"> • Runs well, gallops, skips, hops • Improved balance, can balance on one foot • Is now capable of more complex body coordination skills
6-9 Years Micro 6/7 Micro 8/9 Micro Advanced	<ul style="list-style-type: none"> • Peer world is expanding and is more important to them • May compare themselves to others • May have a strong desire to do things well/right and be upset with failure • Find criticism difficult to handle • View things in very black and white terms (good or bad, right or wrong) • Continue to be self-centered • May be preoccupied with rules 	<ul style="list-style-type: none"> • Though children at these ages aren't able to think and act like adults do, they do possess skills to understand and follow more complex instruction • Need concrete examples (detailed description or actual demonstration) with instruction • Increased attention span 	<ul style="list-style-type: none"> • Good sense of balance • Fine motor skills are improving • Can catch and throw balls (ability improves with age) • Enjoys testing muscle strength

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